



# Dance & Fitness Festival 2019 Class Schedule

**MUST Register online @ [www.planetreg.com/aug2019](http://www.planetreg.com/aug2019) More Info: [www.tapties.com](http://www.tapties.com) email: [tapties@gmail.com](mailto:tapties@gmail.com) phone: 610-217-5112**

<b>SUNDAY ~ AUGUST 11<sup>th</sup></b>		
<b>TIME</b>	<b>STUDIO A</b>	<b>STUDIO B</b>
<b>10:30 – 11:00 AM</b>	FREE - All Levels WARM UP CLASS with TAP TIES COMPANY	
<b>11:00 AM - 12:15 PM</b>	MASTER CLASS - Broadway Style ADV BEG - VANESSA SONON	MASTER CLASS - Tap is Music INT/ADV - JERRI BROWN
<b>12:30-1:45PM</b>	MASTER CLASS - Movin' & Groovin' ADV BEG - JILL KENNEY	MASTER CLASS - Broadway Choreography INT/ADV - VANESSA SONON
<b>2:00-3:15 PM</b>	BODY PERCUSSION - All Levels - Camille Armstrong	
<b>3:30-4:45 PM</b>	MASTER CLASS - Rhythm & Time ADV BEG - JILL FITZGERALD	MASTER CLASS - Tap Turn Technique INT/ADV - RAY HESSELINK
<b>5:00-6:15 PM</b>	MASTER CLASS - Tappin' 4 Fun! ADV BEG - RAY HESSELINK	MASTER CLASS - Swingin' w/ Style INT/ADV - JILL KENNEY
<b>6:20-7:20 PM</b>	Stressbuster Drum Circle - All Levels - Moe Jerant of The Large Flowerheads	

<b>MONDAY ~ AUGUST 12<sup>th</sup></b>		
<b>TIME</b>	<b>STUDIO A</b>	<b>STUDIO B</b>
<b>9:30 – 11 AM</b>	2-Day COURSE ADV BEGINNER TAP CAROL HEBERT	2-Day COURSE INT/ADV KAREN CALLAWAY WILLIAMS
<b>11:15-12:45</b>	2-Day COURSE TRADITIONAL CHOREO Buster Brown's 'Laura'	FREE 50 Minute FITNESS CLASS ZUMBA
<b>12:45-1:45</b>	FREE LUNCH AND SEMINAR	provided by: Good Shepherd PARC
<b>2:00-3:15</b>	MASTER CLASS Skills & Drills ALL LEVELS - HAYNES	MASTER CLASS TEENS ONLY Ages 12-19 w/ Justin Ballasy
<b>3:15-4:45</b>	FREE 50 Minute FITNESS CLASS BALLEONE	2-Day COURSE TAP TEACHER WORKSHOP
<b>5:00–6:15</b>	MASTER CLASS Tap Building Blocks ADV BEG -BALLASY	MASTER CLASS Hittin' the Floor INT/ADV - HAYNES
<b>6:15-7:45</b>		2-Day COURSE TRADITIONAL CHOREO Louis DaPron Chorus

<b>TUESDAY ~ AUGUST 13<sup>th</sup></b>		
<b>TIME</b>	<b>STUDIO A</b>	<b>STUDIO B</b>
<b>9:30 – 11 AM</b>	2-Day COURSE ADV BEGINNER TAP CAROL HEBERT	2-Day COURSE INT/ADV KAREN CALLAWAY WILLIAMS
<b>11:15-12:45</b>	2-Day COURSE TRADITIONAL CHOREO Buster Brown's 'Laura'	FREE 50 Minute FITNESS CLASS POUND
<b>12:45-1:45</b>	FREE LUNCH AND SEMINAR	provided by: OAA - Dr Cintrón
<b>2:00-3:15</b>	MASTER CLASS Skills & Drills ALL LEVELS - SALSBERG	YOUTH LEVEL MASTER CLASS Ages 8-12 w/ Arenda DiPasquale
<b>3:15-4:45</b>		2-Day COURSE TAP TEACHER WORKSHOP
<b>5:00–6:15</b>	MASTER CLASS Tap Progressions ADV BEG - SMITH	MASTER CLASS Rhythm & Time INT/ADV -SALSBERG
<b>6:15-7:45</b>		2-Day COURSE TRADITIONAL CHOREO Louis DaPron Chorus

Sponsored by:



*All classes are subject to cancellation due to insufficient enrollment. Guest Artists are schedule permitting*

**Official Hotel of the Tap Ties Festival - [Wingate/Holiday Inn - 4325 Hamilton Blvd](#)  
Special Discounted Rate - \$115 per night - MUST call to book your room by JULY 11, 2019  
Contact: phone# 610-366-1600 MUST ask for Tap Ties block of rooms with CODE: TAP811**

**Classes held in Steinbright Hall Dance Studios @ Cedar Crest College • 100 College Dr, Allentown, PA**

**Youth Master Class Ages 8-12 All other classes, courses, and workshops for Adults & Teens Ages 12+**

<b>Tap Ties Dance &amp; Fitness Festival Fees</b> <b>MUST Register ONLINE @ <a href="http://www.planetreg.com/aug2019">www.planetreg.com/aug2019</a></b>	<b>EARLY REGISTRATION PRICE ON/BEFORE AUGUST 1<sup>st</sup></b>	<b>REGULAR REGISTRATION PRICE AFTER AUGUST 1<sup>st</sup></b>
<b>REGISTRATION FEE ~ non-refundable ~ ALL PARTICIPANTS</b>	<b>\$15</b>	<b>\$25</b>
<b>2-DAY COURSES</b> (3 hours of instruction)  <b>Adv Beginner Tap OR Int/Adv Tap Traditional Choreography (morning and/or afternoon) AND/OR Tap Teacher Workshop</b>	<b>CHOOSE as many as you'd like</b>  <b>\$100 per course</b>	<b>CHOOSE as many as you'd like</b>  <b>\$110 per course</b>
<b>INDIVIDUAL MASTER CLASSES – 1 hour 15 minutes each</b>	<b>\$35 per class</b>	<b>\$35 per class</b>
<b>Stressbuster Drum Circle w/ Moe Jerant</b>	<b>\$10</b>	<b>\$10</b>
<b>FREE UNLIMITED FITNESS CLASSES</b> <b>MUST be registered for at least 1 Master Class OR 1 Course to participate OR Drop In @ the door to any Fitness Class for \$5 each</b>	<b>FREE</b>	<b>FREE</b>
<b>~ SPECIAL PACKAGE PRICING ~</b>	<b>MUST REGISTER ON/BEFORE AUG 1st</b>	<b>n/a</b>
<b>MASTER CLASS FLEX PASS</b> <b>CHOOSE ANY 6 Master Classes ANY DAY – Sunday, Monday, Tuesday Additional Master Classes at \$30 each with this Package</b>  <b>Additionally, you can choose 2-day Courses for \$95 each with this package!!</b>	<b>\$195</b>	<b>n/a</b>

### ~ EVENT INFORMATION ~

**Sunday through Tuesday, August 11-13, 2019 - Steinbright Hall at Cedar Crest College in Allentown**

**2-Day Courses** - Spend 2 days with the same teacher gaining an in-depth knowledge of her style of tap. 3 total hours of instruction – must sign up for entire course. Choose from: **Adv Beg Tap Course with Carol Hebert** - focus on tap technique and progressions, as well as Carol's original choreography, **Int/Adv Tap Course with Karen Callaway Williams** – study with this amazing performer and teacher to get a true taste of her unique style and energy or **Traditional Tap Choreography Courses with Tap Ties Co-Directors, Jill Fitzgerald and Amy Smith** - for Adv Beg/Int/Adv level Adults & Teens 12+ - one of Tap Ties' most important goals...keeping traditional tap choreography alive and passing it on! Here's your opportunity to learn a tap dance originally choreographed by one of the 'Masters of Tap'! You will also have the opportunity to perform this piece with the Tap Ties Co onstage at our 2020 National Tap Dance Day Celebration!

**2-Day Teacher Course** - Spend 1 day with **Shelley Oliver renowned Master tap teacher and choreographer and 1 day with acclaimed musician, Moe Jerant** - 3 hours of instruction and discussion– must sign up for entire course – this workshop is aimed at providing a refresher for those who teach a variety of levels and who are ready to add to their knowledge regarding the traditional and current tap curriculums AND will also be a great way for new tap teachers/college students hoping to broaden their knowledge of how to teach tap effectively. The focus of this workshop will be to approach your tap dance classroom from the perspective of a musician – odd time signatures and world rhythms will be discussed and practiced as they apply to tap dance.

**Master Classes – 1 hour and 15 minutes classes throughout the festival.** A dancer's dream...choose from 17 different tap classes! Mix it up by studying with a variety of teachers! Body Percussion Master Class is offered on Sunday, August 11 with Camille Armstrong who was a 10-year cast member with the Off-Broadway and touring companies of *STOMP!*

**Fitness Classes** – Try something new! A great way for dancers to cross train, gain strength and flexibility, and challenge themselves in a whole new way! A sampling of fitness classes is being offered by fitness professionals from throughout the Lehigh Valley.

**Stressbuster Drum Circle** – To reduce stress, we offer you an appointment with yourself to forget about life's frantic pace. In a Stressbuster Drum Circle, we help you find peace of mind so you can leave worries behind. We guide you through innovative relaxation techniques which include: Meditative Drumming - Focused Breathing - Muscle Tension and Relaxation Cycles - Guided Imagery and then give you permission to 'play' with others. Have fun as you drum away. The end result will leave you feeling rejuvenated and revitalized.

**Free Lunch & Learn Seminars** – A Good Shepherd PARC Physical Therapist will share information on the importance of cross training in addition to maintaining basic dance technique with special attention on Balance, Posture and Flexibility on Monday, August 12. Dr. Michelle Cintrón of OAA - Orthopaedic Specialists will offer a wellness seminar on Tuesday, August 13. FREE lunch will be provided BOTH days. Open to all festival participants.